

*FINAL SCHEDULE*  
**19TH ANNUAL LANCER PREP INVITATIONAL**  
 SATURDAY, MAY 2, 2026  
**ALUMNI STADIUM, UNIVERSITY OF WINDSOR**

| <u>Track</u> |                       | <u>Field</u> |                                 |
|--------------|-----------------------|--------------|---------------------------------|
| 9:30am       | 2000mSC Girls         | 9:30am       | Novice Girls Long Jump          |
| 9:40am       | 2000mSC Boys          |              | Junior Girls Triple Jump        |
| 10:00am      | 300mH Novice Girls    |              | Senior Girls High Jump          |
| 10:09am      | 300mH Junior Girls    |              | Novice Boys Shot Put            |
| 10:20am      | 400mH Senior Girls    |              | <del>Senior Boys Javelin</del>  |
| 10:35am      | 300mH Novice Boys     |              | <del>Junior Boys Discus</del>   |
| 10:45am      | 300mH Junior Boys     |              |                                 |
| 10:55am      | 400mH Senior Boys     | 11:00am      | Novice Girls Shot Put           |
| 11:05am      | 1500m Novice Girls    |              | <del>Senior Girls Javelin</del> |
| 11:20am      | 1500m Novice Boys     |              | Novice Boys Long Jump           |
| 11:35am      | 1500m Junior Girls    |              | Senior Boys High Jump           |
| 11:55am      | 1500m Junior Boys     |              | N/J/S Boys Pole Vault           |
| 12:00am      | 1500m Senior Girls    |              | Junior Boys Triple Jump         |
| 12:12am      | 1500m Senior Boys     |              | <del>Junior Girls Discus</del>  |
| 12:25am      | 100m Novice Girls     |              |                                 |
| 12:43am      | 100m Novice Boys      |              |                                 |
| 12:57am      | 100m Junior Girls     |              |                                 |
| 1:09pm       | 100m Junior Boys      |              |                                 |
| 1:24pm       | 100m Senior Girls     | 1:00pm       | Novice Girls High Jump          |
| 1:38pm       | 100m Senior Boys      |              | Junior Girls Long Jump          |
|              |                       |              | Senior Girls Triple Jump        |
|              |                       |              | <del>Novice Boys Javelin</del>  |
| 2:15pm       | 80mH Novice Girls     |              | Junior Boys Shot Put            |
| 2:25pm       | 80mH Junior Girls     |              | <del>Senior Boys Discus</del>   |
| 2:35pm       | 100mH Senior Girls    |              |                                 |
| 2:47pm       | 100mH Novice Boys     |              |                                 |
| 2:54pm       | 100mH Junior Boys     | 2:30pm       | <del>Novice Girls Javelin</del> |
| 3:00pm       | 110mH Senior Boys     |              | Junior Girls Shot Put           |
| 3:10pm       | 400m Novice Girls     |              | Novice Boys High Jump           |
| 3:22pm       | 400m Novice Boys      |              | Junior Boys Long Jump           |
| 3:34pm       | 400m Junior Girls     |              | Senior Boys Triple Jump         |
| 3:48pm       | 400m Junior Boys      |              | N/J/S Girls Pole Vault          |
| 4:00pm       | 400m Senior Girls     |              | <del>Senior Girls Discus</del>  |
| 4:15pm       | 400m Senior Boys      |              |                                 |
| 4:30pm       | 4 x 100m Novice Girls | 4:00pm       | Junior Girls High Jump          |
| 4:40pm       | 4 x 100m Novice Boys  |              | Senior Girls Long Jump          |
| 4:50pm       | 4 x 100m Junior Girls |              | <del>Junior Boys Javelin</del>  |
| 5:00pm       | 4 x 100m Junior Boys  |              | Senior Boys Shot Put            |
| 5:10pm       | 4 x 100m Senior Girls |              | Novice Girls Triple Jump        |
| 5:20pm       | 4 x 100m Senior boys  |              | <del>Novice Boys Discus</del>   |
| 5:30pm       | 3000m Open Girls      |              |                                 |
| 6:00pm       | 3000m Open Boys       | 5:30pm       | <del>Junior Girls Javelin</del> |
| 6:30pm       | 200m Novice Girls     |              | Senior Girls Shot Put           |
| 6:44pm       | 200m Novice Boys      |              | Novice Boys Triple Jump         |
| 6:54pm       | 200m Junior Girls     |              | Junior Boys High Jump           |
| 7:04pm       | 200m Junior Boys      |              | Senior Boys Long Jump           |
| 7:16pm       | 200m Senior Girls     |              | <del>Novice Girls Discus</del>  |
| 7:26pm       | 200m Senior Boys      |              |                                 |
| 7:38pm       | 800m Novice Girls     |              |                                 |
| 7:44pm       | 800m Novice Boys      |              |                                 |
| 7:52pm       | 800m Junior Girls     |              |                                 |
| 8:00pm       | 800m Junior Boys      |              |                                 |
| 8:04pm       | 800m Senior Girls     |              |                                 |
| 8:08pm       | 800m Senior Boys      |              |                                 |